

Phase 1
FIRST TO RETURN

TEAM PROGRAMS



Phase 2
SECOND TO RETURN

SMALL GROUP CLASSES/DAY CAMPS



Phase 3
THIRD TO RETURN

ALL REG CLASSES/ OPEN GYMS/ EVENTS

EMPLOYEE GUIDELINES	<ul style="list-style-type: none"> ○ Staff will follow illness policy including temperature checks and a 24-hour wellness period. ○ Staff will wash/sanitize hands prior to/at the conclusion of and between classes. ○ Staff will have limited direct physical contact with children (spotting is limited to necessity for all instructional classes.) ○ Staff will be trained on all procedures. ○ Staff will adhere to PPE requirements if set by MI Dept of Health.
FACILITY PREP	<ul style="list-style-type: none"> ○ Facility will be prepped and sanitized. ○ Use of Lemoncide fogger and other recommended products effective against Covid-19 ○ All surface areas will be disinfected/sanitized multiple times daily once reopened. ○ Drinking fountains will be covered and students are encouraged to bring their own water bottles. ○ Loose foam pit will be closed during Phase 1 and Phase 2.
ENTERING THE BUILDING	<ul style="list-style-type: none"> ○ Drop off and pick-up: No more than 1 adult per child in the building. ○ Temperature checks of students will be performed with a touchless thermometer; athletes who appear ill or who have a temp over 99.5 will be sent home. ○ Students/Adults will be required to sanitize/wash hands upon entering the building.
TRAFFIC FLOW PHYSICAL DISTANCING FACILITY RATIO	<ul style="list-style-type: none"> ○ Class start times will be spread out and families should not enter the building earlier than 10 minutes before the start of their child's class to allow for exiting of the prior class. ○ Parents who stay in the building will be directed by program where to sit and view class to control distancing and flow. ○ 250 sq./ft per athlete in the gym for teams; student ratios and stations will be modified in class programming.
PRIOR TO CLASS	<ul style="list-style-type: none"> ○ Students will be required to sanitize/wash hands upon entering the gym. ○ Employees will have disinfected/sanitized surface areas in the gym and lobby area.
DURING CLASS	<ul style="list-style-type: none"> ○ Athletes will sanitize/wash hands (supervised) after every rotation. ○ Lesson Plans will be modified to omit any partner activities. ○ Lesson Plans will be modified to limit use of props. Props will be sanitized after each individual student's use. ○ Stations and activities will be modified to allow safe distancing between students. ○ Athletes will stretch/body shape/strength on vinyl mats that can be cleaned after use. ○ Team athletes will keep chalk in their own personal container.
AFTER CLASS	<ul style="list-style-type: none"> ○ Students will be given hand sanitizer upon exit of class. ○ Employees will begin disinfecting/sanitizing all areas immediately to get ready for the next group.