

Return to Practice Following Illness Policy

Gymnastic Dreams has a protocol in place for sending and keeping children and staff home from Dreams when they are ill. We follow this protocol to make sure that children and staff are given an adequate amount of time and rest to get well before returning to Dreams, and to prevent the spread of germs to other children and staff. Please help to keep Dreams a healthy environment by following these simple rules:

- Keep your child home from Dreams when he/she has a fever of 100 (F) or greater, cough (not related to allergy or asthma), diarrhea, and/or vomiting. Child must remain home until they are 72 hours symptom free, without taking tylenol or ibuprofen.
- Gymnastic Dreams Staff will follow these same rules/guidelines

If a child or staff have been confirmed (tested positive by a medical professional) with COVID-19 they **MUST** remain in isolation following their diagnosis. They can return to Dreams when all of the following conditions are met:

- After at least 14 days have passed since the date of their positive COVID-19 test and have received a COVID-19 test with a negative result.
- Physician has approved return to normal activities and provided with health note and screening.
- Those within their home or in contact with them have tested negative for COVID-19.